

**MARATHON  
YOUTH SERVICES  
NEWSLETTER  
August, 2011  
Volume 11, Issue 8**



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**Vacancy Posting**

(Updated 8/1/11)

- **RGH** has two anticipated vacancies at this time.
- Our **Adult Programs** currently have two Supported Apartment settings at **7<sup>th</sup> Street Suites** and an AFH vacancy available.

~~Please contact Pam (715-432-2818) or Sue (715-551-8568) to discuss our adult vacancies. For RGH vacancies call Mike (715-551-6396).~~



August 2011 kidscrafts.resources2u.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

*I always greet August with mixed feelings... As a kid it was a time to anticipate the Wisconsin Valley Fair! Living only a couple blocks from the Fair Grounds meant lots of pre-fair contact with the set-up of rides, shows and exhibits; always a lot of excitement. However, it also meant that 'back-to-school' was just around the corner also. Ever since then the Fair has seemed to me the beginning of the end for summer. The still warm and humid weather belies the coming of September, Fall, the moderating temperatures and changing leaves.*

*Now fall has many virtues! The pleasant weather and beauty of the landscape are unrivaled anywhere I've ever been. But come on! Summer just got started... Let's enjoy what's left of it, not least of all the Wisconsin Valley Fair and the remaining Concerts On The Square.*

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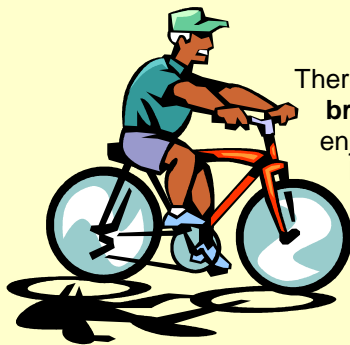
## Adult Program News Update

**Terra, Mike S., Lee, and Adam** attended the **4th of July Carnival at Marathon Park**. The sun was shining and the weather was hot – it was a perfect day for the carnival! Everyone enjoyed the rides and a few had their favorites. Lee loved the Tornado, Gravitron and Tilt-a-Whirl. Mike and Terra were the daredevils riding on Force 10 and the Sky Wave. Adam spent a lot of his time walking around and taking in the fun scenery. Adam and Lee played a few games and both left with prizes. We did take breaks from the heat to sit in the shade a few times, but once we finished there, it was straight back to the rides! All the residents had a wonderful time and look forward to going back next year.



**Robert, Matt, Crystal, Mike S., Adam, Justin and Lee** attended the district **Special Olympics Bocce Ball** competition at Appleton's Memorial Park. After the opening ceremonies, the teams began competing. Lee, Crystal and Roberts's team began the day with a great effort and shooting, however, came up short and lost their first game 6-8. Although, their team was able to bounce back and put on a great match by winning their next game 12-3. The team put together great team play as well as great shooting. Their hard work and determination led to a third place finish and they received ribbons! Matt and Justin's team played very well together and with outstanding shots helped the team win the match 14-9. Justin and Matt's second game

showed spectators how determined the team wanted to win. However, after a great effort the team lost the match 6-12, but did receive a second place finish and ribbons! Nonetheless, their teams celebrate once again due to coaches announcing that **Justin and Matt would be competing at State!** After the long, hot day, the athletes celebrated with ice cream treats and snacks. The athletes were very happy at how well they did and will continue to work hard preparing for state.



There has been an exciting new purchase for **Lee here at Prospect Place – a brand new bike!** Lee also bought a matching helmet to go along with it. Lee enjoys riding his bike on the sidewalk and is always sure to watch for other bikers, walkers and cars. **Justin** has also been enjoying a few bike rides or two. With the summer we have been having, there sure has been some nice biking riding weather! Both men make sure to stay hydrated after a few rides on their bikes.

**YES.....there was another Karaoke night!!!!**

This time two of our Extended Care clients joined in on the fun. The night flew by with duets and solos. **Adam** from Prospect met us out with his double date including his girlfriend as well as his **sister Kris Ann and Bill**. The double date group did the song Summer Nights from Grease. Adam also sang several solo songs. Other singers included **Shawn H., Mike S., Justin, Robert, Shane, Tammy, Virginia, and Crystal. Mike S. and Shane** sang duets with staff as well as solos. **Tammy and Virginia** joined in larger group songs where everyone sang. **Kevin** also attended and took in the entertainment, played pool with Justin and purchased a pizza. Everyone enjoyed themselves and look forward to the next night out for some more KARAOKE singing....LA, LA, LA, LA, LA!!



**Virginia** spent time **bowling with Crystal** and at the **pool with Terra. Tammy** spent most of her time this month at the library or local pools. One of the fun activities **Tammy joined other peers, Crystal and Matt, at the Marathon County Library was the "Nature's Niche" program**, which included an awesome introduction to the wonders of nature, including plants and animals from around the world! The **presenter, Dino Tlachac** talked about his personal experience in the Rain Forest and brought his animals to share with everyone. Some of the exotic animals included 3 birds, 100 pound snake, lizards, turtles, alligator and more.



**Terra and Ashley** joined in on some pool visits. **Ashley moved this month** to a new apartment and seems to be really enjoying her new place.

**The New 400 Block** continues to bring excitement to our residents. **Robert, Crystal and Mike S.** enjoyed an afternoon watching a set of 5 Frisbee Dogs. The dogs did a variety of acts with the Frisbees as their handlers threw them. Our respite client, **Dale**, participated in **Wausau Annual Chalkfest at the 400 Block** downtown. Dale's square consisted of a rural road with a Camaro racing past. **Crystal and Virginia** viewed all the entries and enjoyed walking the 400 Block. We were very excited to have found Dale's drawing and let him know that he did a great job drawing when we returned. It was a neat experience seeing all the artwork despite the humid conditions.

**Shawn, Crystal, and Tammy** went to the **Chamber Night at the Wisconsin Woodchucks game**. The Woodchucks won 11 to 9. Everyone enjoyed themselves. Shawn, Crystal and Tammy bumped into a few people he knew. Everyone joined Woody on the field or the 7 inning stretch and sang take me out to the ball game.





**Matt and Mike S.** went on a fishing excursion! First, they tried their luck at Oak Island but did not catch any fish! They then set out to the Schofield Dam. Matt and Mike had some bites, mainly blue gills and crappies. The men were excited to catch some fish and wanted to come again. Overall, everyone had fun and we caught 13 cute little blue gills. The men also rode the city bus to their destinations, which was a great learning experience for all.

**Dale** once again had the opportunity to spend time with us one weekend this month. This visit was only one overnight stay but Dale enjoyed his time at Hamilton House and getting to know Sean and

Robert. Dale also spent some time over at Seventh Street where he stayed on his last visit with MYS.

Once again, we ventured to **WWE RAW in Green Bay!** **Robert, Sean, Terra, Kevin, Crystal, Mike S., and Justin** were the ones who went. There were wicked storms on the way there and we had to take it a little easy on the highway with Big Bertha (Reynolds's van) but we arrived safely in Green Bay. At Subway, everyone ordered and enjoyed a foot long sub with chips and a soda. We walked to the Resch Center and quickly found our seats. Terra, Sean, and Mike went with staff Karie to purchase souvenirs. Super Stars event happened first. Then WWE RAW started. Vince McMahon antagonized the audience right off the get-go stating that we could not say John Cena's name as the week before Vince fired him. Everyone chanted "Cena" throughout the event. The night progressed with eliminations for the main event of who would be crowned the new WWE Champion. Vince McMahon took center stage again and announced that the main event would be postponed because... "U Can't C Me" John Cena was called to the stage to match up against Vince McMahon. Cena declined to fight Vince in the end however, another astonishing uprising was Triple X entering the arena and firing Vince McMahon! Triple X then reinstated Cena back into WWE. The audience laughed as Vince shed some tears and exited the stage. Everyone enjoyed yelling and screaming the chants and are already looking forward to planning a trip next time that WWE makes it to Green Bay.

**Finalists for the Mid-Wisconsin Beverage Community Grant Project were announced and Reynolds Group Home has made it through to the voting phase!!! Yay!!!**

We would like to encourage as many people as possible to vote for us. You can go into **Trig's Super Market on Wausau's West Side** and can cast your ballot at the Pepsi display. You can also go online to <http://www.cool-drinks.com> and click on "**It's time to vote**". There will be an email address to click on below each listing. Please click through and send an email to that address to vote for Reynolds Group Home. You can vote once from each email address you have.

**Tell your friends and family! Vote from your personal emails! Stop in Trigs and vote! ☐**  
**THANKS FOR VOTING!**

**Social Skills Group**

Leslie reports that Group this month dealt with employment issues such as: Work attire, Interview attire, Job/interview etiquette, Asking for time off/ calling in sick/ notification if running late, Asking about references (Who to ask/who not to ask), How to apply for jobs/who to talk to about jobs and What to do/ what not to do at work

There were quite a few residents there as well. It was a good turnout. Thank you to 7th Street for letting us use your house at last minute too!!!

## RGH Newsletter Update – August 1, 2011

A lot has been happening this last month and it does not show any signs of slowing down the coming month. Here are some of the highlights:

The guys started out last month with a lot activity. The first was of course the 4th of July. They took in the fair and some of the rides. This is a rare treat for some of the guys and it is a pleasure to see them just being kids.

A trip to Green Bay took place to see the **Oneida tribe Pow Wow**. **James** has a lot of interest in his culture and the rest of the guys came along to learn more about it as well. It was a great trip and a lot of wonder from some of the guys who never have experienced such an event. It was such a hit that there are plans to attend another one in August.



Fireworks are always a part of July. Everyone was able to go to a couple of shows this last month. It is one of those events that is a must for the summer. The guys not only appreciate being able to stay up late. They are doing an activity that most of them would have done while at home.

**Mua has moved on from RGH** and is now living with his family. We wish him all the best with the rest of the summer and the coming school year.

**Bee has moved on as well**. He also has moved back with his family. He is glad to be around his family again and going fishing with his brothers and dad. He is going to be taking the next month to prepare himself for high school.

With two residents moving on, two more have joined us. We have something that has not happened in a long time. We have **a pair of brothers joining us from Milwaukee**. Their names are **Danny and Deon**. Danny is a quiet young man that enjoys writing poetry and working with computers. We hope to be printing some of his work in upcoming newsletters. He also is into dancing. Deon is a bit more vocal than his brother and likes to play basketball. He dances as well. We look forward to getting to know these young men.



**High school football** is coming about and we have two young men who are playing for their school teams this season. **Tommie R. and Jaron are well into camps and weightlifting this summer**. They start their practice schedules in early August. We wish them well and will cheer for each of them.

**James** will be 18 this month and with that will be discharged. He is hoping to be going to **Job Corps** in the near future. In the meantime he is looking at relocating back into his home community. He has a lot to get done in the coming month. Although he is a bit nervous of what is coming ahead he is also looking forward to moving on.



RGH currently does not have any **vacancies**, however there are some upcoming **in August and October**. If you have any out of home placement needs please feel free to contact the RGH Program Coordinator, Mike McCabe at 715-551-6396.

Adult Program Manager Pam P thought we'd all enjoy this recipe...

### Homemade Veggie Burgers

serves 4

#### Ingredients:

2 tbsp. olive oil  
1 small onion, peeled and finely diced  
2 cloves garlic peeled and minced  
1/4 tsp. ground cumin  
1/2 tsp. coarse sea salt  
1/4 tsp. freshly ground pepper  
1 14-oz black beans, drained and rinsed  
1/2 cup cooked brown rice

1 tbsp. finely chopped fresh cilantro  
2 tbsp. flour  
3 tbsp. peanut or safflower oil  
4 buns



Heat the olive oil in a medium sauté pan over medium-low heat. Sauté the onion, garlic and cumin together until softened and fragrant, about 7 minutes. Add the salt, pepper, beans and rice and cook, stirring, for about 2 minutes. Add the cilantro and mash the mixture with a potato masher just to combine and get some cohesion - you want the burgers to have some texture.

Let the mixture cool until it's easy to handle. Form the mixture into 4 patties. At this point, you can set the burgers in the fridge for a few hours. Dust on both sides with flour. Heat the peanut oil or safflower oil in a large skillet over medium-high heat and brown the burgers on both sides, about a minute on each side. Serve them on grilled grain or whole wheat bun with all your favorite toppings.

**Yummm!**



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[www.marathonyouthservices.org](http://www.marathonyouthservices.org)

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