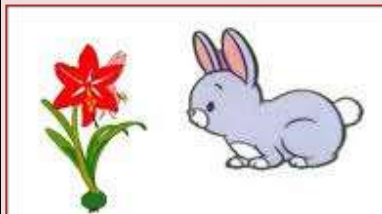


**MARATHON  
YOUTH SERVICES  
NEWSLETTER  
February, 2011  
Volume 11, Issue 2**



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FEBRUARY 2011						
SUN	MON	TUES	WED	THURS	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
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27	28					

**Vacancy Posting**

(Updated 2/1/11)

- **RGH** has one current and one anticipated vacancy at this time.
- Our **Adult Programs** currently have two Supported Apartment settings at **7<sup>th</sup> Street Suites** available.

**Please contact Pam (715-432-2818) or Sue (715-551-8568) to discuss our adult vacancies. For RGH vacancies call Mike (715-551-6396).**

*It seems like only a couple of days ago we welcomed in a new year with the usual excitement appropriate for such occasions; and here it is the start of February already. For us sports fans it's been a really good year, so far. With much fanfare and optimism the Super Bowl is right around the corner, with our Green Bay Packers making a return appearance after a 13 year absence. I'm sure we all have faith they will prevail!!!*

*And of course, February is the month of Valentine's Day; a day we set aside to express our love and affection for those close to us. At my house, Valentine's Day is followed by 4 birthdays! It's almost like a second Christmas... And let's not forget that Spring Training and Brewers Baseball are once again right around the corner; a true harbinger of Spring!*

*In the meantime, life for MYS goes on as usual. Our programs have enjoyed a stable and successful year, and we're on our way toward another good year. We continue to look for new ways to give back to our community, and would be happy to hear your thoughts and ideas.*

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## Events at Prospect Place and Seventh Street Suites

Prospect started off the Year with a New Year's party, enjoying party favors and sparkling grape juice. The men stayed awake for the New York ball drop, and toasted in the New Year.



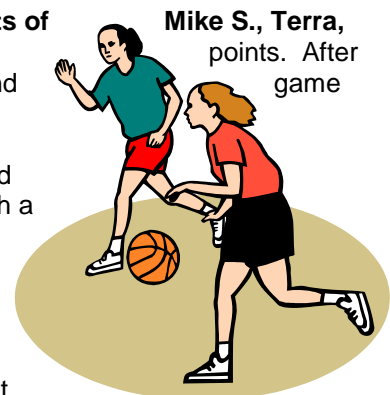
Basketball practice has started up once again this year!!! The real fun in basketball has come on Saturday when the young men and women played their first game on January 22nd in Stevens Point at Spash High School. **Justin** who plays on **the Wildcats** team won one game and lost one game. Their loss came to a tough Marshfield Panthers team, which ended up beating them by only 10 points. Their first win of the season came against the South Wood County Mustangs, which Justin commented as a "blowout".

The next team that played on Saturday **was the Wolf Pack, which consists of and Sean**. Their first game of the season was a loss to Marshfield by 20 getting the knots straightened out, they came away with a win in their second against Viroqua, starting the season out 1-1.



**Crystals' team the Packers** played a tough Marshfield Lakers team and ended up starting the season out with a loss. Not to be discouraged though, the Packers came back in their second game of the day with a big win against a strong YMCA Super Stars team.

**Adams** first game was against the Stevens Point Super Stars, who they had no problem beating. Adams team also rolled their next team over, winning against the Stevens Point Surprise. Adam commented he had two great games and scored a total of 17 points for his team in both games combined.



**Mike S., Terra,**  
points. After  
game

Enjoyable opportunities continue for our residents to keep up with pop culture, movie and karaoke nights. **Justin, Shawn, and Shane** viewed the movie *Country Strong* at the Cedar Creek Cinema. Karaoke night this month was held at Mountain Lanes. Residents from all houses look forward to this monthly activity. Karaoke is often has the largest resident attendance after Special Olympic games. We choose karaoke venues, which offer other activities or food. Often at a bowling alley, residents can bring extra money to bowl a few frames, order food, sing or just support other residents.

Prospect Place enjoyed an outing at the YMCA in Wausau. **Justin, Sean, Mike S., and Adam** used many areas of the YMCA to include the swimming pool, fitness center, hot tub and Gym for basketball to name a few. Favorite basketball activities in the Gym included shooting hoops independently, a two on two-basketball game, and "around the world."



It almost goes without saying that we've got many Packer Fans in the MYS family. Whenever there's a big game we try to come together to share our enthusiasm. The **National Football Conference Championship game between the Green Bay Packers and the Chicago Bears** was no exception. This proved to be the culmination of an exciting season, with a win sending our team on to the Super Bowl to face the Pittsburgh Steelers. **Reason for another party?**

## RGH Newsletter – Feb 2011

We have **two new additions to RGH** this last month. **Bee Y.** comes to us from Wausau. He really likes fishing so he is anxiously awaiting an opportunity to go with RGH staff Pete. If he gets a big one we will certainly post some pictures.

**Zach S.** is another arrival. He comes to us from Weston. He really likes to build things and is into video games. We are looking forward to getting to know these two young men over the next month or so and wish them well with our program.

**Tommie P.** celebrated a birthday in January. On the 21st he became a seventeen year old. His biggest dream right now is that he will be eighteen in a year.

**Nate R.** is having a tremendous month. He went ice fishing with Pete and caught some big fish. He was very proud of this. It is good that we got a picture of them because every time he described them they got



bigger and bigger. Nate has also started regular school at the beginning of the semester. This is a big step for him because he has not been in a regular school for some time. He has been doing great and he enjoys it tremendously. He is hoping to become a full-time at school by the end of next month. Way to go!

Poker and Card games have become a fun way for all of the guys to hang out together. Though some have better bluffing faces than others, having the boys interacting while learning about each other is great to observe.

Watching the Packer games is another attraction that has caused some interesting Sundays. Staff Pete started a bracket competition for the NFL playoffs. Now that the Packers are in the Super Bowl, the excitement has grown each weekend. Winning a soda or candy is totally worth picking and cheering for teams you don't even like! **Cory B.** is most enthusiastic and is a diehard Packer Fan. If someone would photograph us during the games, it would be pretty humorous.



Something that is pretty impressive is that **Tommie P. and Mua Y.** are incredible chess players. They have looped in Staff and even the other residents. Chess games get intense, but are pretty fast paced with the crew we have here. Watching the boys play with patience and hard studying is quite interesting given that they don't like sitting still!

Overall, January has been a busy yet productive month. A lot of changes, a lot of improvements. **RGH is currently being worked on by Ken to improve the living room.** He has been working diligently on painting and wiring the room. It looks great this far! Everyone has bad days here and there, but throughout January, most have been good! So far nobody fell through the ice, broke any bones, or burnt the pizza, so we are hoping for another good month to come!

Oh yeah, and the guys are dancing machines! It is quite funny watching these guys "break it down" as they would say.

### Social Skills Group

**Happy New Year!** To kick off 2011 MYS residents participated in a "New Beginnings" social skills group. Each member made goals for themselves which helped us brainstorm ideas for Social Skills Groups in 2011. Each group is a part of the plan to reach individual goals. Many residents attended so we were able to come up with 11 solid ideas for groups that serve the interests of our residents. We have many interesting groups in store that will cover topics like: **being healthy, meeting new people, independence, employment skills, sportsmanship and learning different household tasks.**

Group members then enjoyed a wonderful lunch prepared by Prospect Place of veggie wraps, chips, fruit salad and brownies.

Residents that attended: **Shane, Terra, Mike P, Sean, Adam, Shaun, Justin, and Mike S.**

### Rueben Dip (a Super Bowl Special recipe)

Dips are always a staple of any Super Bowl Party, or any other event where finger food is served. Here's a little something unusual to try next weekend...

#### Ingredients

1/2 cup mayonnaise  
1/2 cup Thousand Island dressing  
16 ounces sauerkraut, rinsed and squeezed dry  
8 ounces shredded corned beef  
16 ounces shredded Swiss cheese

#### Directions

Preheat oven to 350 degrees F (175 degrees C).  
In a small bowl, combine mayonnaise and dressing.  
Spread sauerkraut into a 9x13-inch baking dish. Layer corned beef, Swiss cheese, and the mayonnaise-dressing mixture on top of the sauerkraut.  
Bake for 20 to 25 minutes.



Very good served with wheat crackers and/or small pieces of rye bread...Enjoy, and Go Packers!

For more information on all our programs, please visit our website at:

[www.marathonyouthservices.org](http://www.marathonyouthservices.org)

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