

News of 7th Street Suites

The cold weather of January brought several indoor activities at **Seventh Street Suites** such as playing cards, watching movies and doing crafts. **Justin and Mike** both enjoyed playing on their Nintendo Wii's independently and with staff. Justin has become a pro at all the Wii Sport games. There were a couple movie theater outings.

Crystal, Shane and staff saw Alvin and the Chipmunks: The Squeakquel and Blind Side. We also got out for some bowling. **Crystal, Shane, Adam and John** went bowling at Dale's Weston Lanes where John had the high score for both games!

Shane celebrated his 26th birthday. Prospect Place's House Manager, Mary K made him a homemade ice cream cake! He also went to Milwaukee for a day trip with his family to visit friends.

Crystal and Terra participated in Special Olympics basketball practice every week. Crystal attended the Special Olympics holiday party where she enjoyed dancing and socializing with her friends. She and Terra also competed in the Special Olympics tournament in Stevens Point. Crystal's team, The Timberwolves, lost both their



games; however, Crystal stayed in high spirits and showed excellent sportsmanship. Terra's team, The Badgers, lost their first game but won their second game 45 to 11. They look forward to their next tournament in Stevens Point in February.

Justin moved into a new apartment across the street. Since moving, he adopted a fuzzy new friend, Molly, the gerbil. He enjoys playing computer games on his computer as well as listening to music on his new IPOD. Justin is moving on from Marathon Youth Services as of February. We wish him the best in his future plans and hope to keep in touch.

Mike continues to be Wausau West's #1 sports fan. He attended several games in January. Mike enjoyed time with family and reported that he went sledding and fed the ducks with his nephew and sister. Mike is a good shot at pool and played several games with staff at Mountain Lanes



With the Super Bowl and it's many parties just around the corner, **staff at 7th Street Suites** wanted to share a recipe for you party; **Ultimate Chicken Wings**.

What you need

2 lb. chicken wings (about 12), split, tips removed

1/4 cup orange marmalade

1/4 cup KRAFT GOOD SEASONS Asian Sesame with Ginger Dressing

1 tsp. garlic powder

PREHEAT oven to 450°F. Place chicken wings in single layer in shallow foil-lined baking pan. Bake 15 min. or until browned.

MEANWHILE, combine marmalade, dressing and garlic powder.

BRUSH marmalade mixture generously over both sides of wings. Continue baking 15 min. or until chicken is cooked through.

Serving Suggestion:

Serve with a mixed green salad or with some cut-up fresh vegetables, such as celery and carrot sticks. Makes 12 servings, about 2 wing pieces each.



Our Therapist, **Ashleigh Hinner**, continues to offer the Lunch Brunch get-together for our adult residents each month to focus on an important and timely issue. This month was no exception. Staff submitted the following summary of January's meeting...

Lunch Bunch January 2010

*This month's **Lunch Bunch Social Skills** group focused on trust. We examined what trust means to each of us, how to earn trust, how trust forms better relationships and how to find out if you can trust somebody else or not. We also discussed why we do not trust certain people and why we automatically trust certain professionals in the community*

such as police officers, doctors, etc. The group enjoyed homemade enchiladas, tortilla chips and monkey bread. We look forward to meeting again next month at Seventh Street Suites!

Hamilton House

"Great works are performed, not by strength, but by perseverance."

~Samuel Johnson

Written By: Amy

Welcome back! Thanks for taking the time to check in with us. We have **BIG** changes going on, and they are very exciting for all of us here at MYS! **Justin is headed over to Prospect Place and is quite excited about the move!** Justin is looking forward to having an even bigger room and getting to know Prospect residents better. But wait, there's more!

Shawn is moving to Seventh Street Suites! Shawn is also very excited about his move and getting the chance to have his very own apartment along with one of his Hamilton House housemates. Shawn is happy to know that staff will be there to assist him with whatever he needs while at the same time being in a more independent setting!

Kevin will be remaining at Hamilton House which will be transformed into an **amazing apartment setting** along with a fun-zone for all residents!

I must say, I am quite excited to be a part of MYS and all of the wonderful changes that are being made here to continue providing the best care for our residents!

Also, Staff would like to give a **BIG** thank you to **Prospect Place residents, Mike S. and Adam**, for their help in assisting Hamilton House staff with getting sand for the sidewalks. Thanks guys!

We would also like to say thank you to all of those who continue to support MYS! Your support means the world to us! Thank you!

Reynolds Group Home Update – February 2010

Well we have our foot well in the door of 2010 and we keep pushing on. There were a lot of happenings this month as far as residents go. The first is that **Derrek has moved on from RGH** and was discharged on his 18th birthday on January 15th. Prior to this he finished his high school work and earned his HSED from the Alternative High School at NTC. He had a lot of mixed emotions about moving on from here and entering the adult world. We wish him the best.

Inteus also left us this last month as well. He finished his programming here and really did well. He is getting good grades in school and is looking forward to finishing off this school year and going to high school next year. He went back to live with his mom and they are looking forward to moving on. We wish him the best as well.

With departures there are also arrivals. This last month **has three new arrivals to RGH.** We have **Sebastian, JE, and Chris.** We are just getting to know these guys and look forward to working with them. We will certainly showcase their progress in the coming months.

Chris has already got some good luck upon his placement. The same day that he was placed he went ice fishing with Pete and Brandon. Soon after starting he caught a 19 inch Northern. He said it was the first time he caught such a fish. He was very proud of his accomplishment.



Terek has joined a volleyball league up at Wausau East. He is just getting started so we will be looking to see how he is doing next month.

Ronny celebrated his 17th birthday this last month on January 22nd. He spent the day with his family and had a good time. He ended up with a very nice stereo system that he really is enjoying.

Brandon will be celebrating his 18th birthday on February 10th. He sees this as a big step for him. He will be remaining with us until June when he graduates from Wausau East.

We have a **new staff joining us at RGH. Lee Vang**, who worked over at the adult programs has come and joined us over here with our group of guys. He will be working full time second shift here. We look forward to working with him and learning more about him.

With all of the changes this last month we still have two vacancies at RGH. If you have any placement needs please feel free to contact Mike at 715-551-6396.

Prospect Place News

The month flew by with the buzz of resident change. Sue has assisted with a resident trade with Hamilton House beginning on February 1st.. We wish all the best for the change.

Many of our residents have been working in different employment opportunities. **Adam started a job experience at NTC. Sean is busy with his Buyer's Guide Route. Mike S. has reduced hours at Eastbay but it looking forward to going back to Papillion's hopefully next month.**

Our resident's spend time on various other activities when not at work. Favored television viewing includes football games, MASH and WWE. Mike showed special public interest to the earthquake in Haiti. **A new addition to the household includes a Foosball table.** This month the men have been showing more activity toward ADLs. Staff has noticed an increase in cooking, laundry, shoveling and taking out the garbage. Residents have also maintained helpfulness with grocery shopping.

Sports continue to highlight the month with Swimming and basketball practices.

Prospect Place assisted with residents for the Stevens Point Basketball invitational held January 23, 2010 at SPASH. Scores for MYS resident teams game one: Crystal's team lost 14 to 37 against the Lakeland Lakes, Terra and Sean's team lost 12 to 35 against the Stevens Point YMCA Monsters, Adam and Justin's team lost 30 to 46 against the Colby Rockets. In game two: Crystal's team lost 21 to 26 against the Stevens Point YMCA Superstars, Terra and Sean's team won 45 to 11 against the Viroqua Sparks, and **Adam and Justin D won their second game in overtime 32 to 28 against the South Wood County Mustangs.** Everyone enjoyed themselves including Mike S who went to support the athlete's.



Adams's Family showing support at Basketball Tournament



Still ahead, **another tournament in Stevens Point February 13th**, Menominee Competition is March 12th -14th this year and Regional Competition is at UW Stevens Point this year on March 20th. We wish all the athletes success and acknowledge there team spirit.

Two of our residents went bowling at Dale's Weston Lanes with Seventh Street. Each resident played two games using the two games free coupons from Seventh Street. They reported having a great time and enjoyed the opportunity. Prospect sends a special thank you to staff Rose for supervising the outing.

As you may have already picked up from the previous news articles, we've experienced some **changes in our Adult Programs**, some beyond our control. MYS has risen to the occasion of change, keeping the best interests of our residents foremost in our thoughts and decisions. Programming at **Hamilton House** has changed over to a supervised apartment setting, allowing for two residents and a recreation area for residents of all the houses and an office for supervising staff. **Prospect Place** remains unchanged with four residents. **7th Street Suites** will continue to function in the same capacity that it has for the past two years. Residents have moved between the various settings, matching them with the best placement for their needs and strengths.

Along with these changes has come some repositioning of staff also. **Stacey D** will be moving over to manage Prospect Place, and **Mary K** will move from Prospect to 7th Street Suites. Both the ladies are willing and anxious to make the changes and tackle new challenges.

This past month also found us losing one of our long term, trusted employees. **Caryn Franzen** has resigned to join another social services organization here in Central Wisconsin. She will continue to make her home in Wausau, and we all look forward to hearing from her from time to time.

As you know, Caryn had been the coordinator of our Adult Programs. **Pam Pierzchalski** who has been the manager at 7th Street Suites has agreed to take over the responsibilities previously handled by Caryn. We look forward to her bringing her enthusiasm and professionalism to that position.



For more information on all our programs, please visit our website at:

www.marathonyouthservices.org

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